

# BEAUTY SERVICES

## WAXING - LADIES

Brow shape	f\$39
Lip	f\$40
Lip & Chin	f\$60
Underarm	f\$45
Bikini/Speedo	f\$80
Brazilian	f\$135
Half leg	f\$80
Full leg	f\$110

## WAXING - MENS

Back	f\$85
Chest	f\$85

## TINTING

Lash Tint	f\$50
Brow Tint	f\$40

## BRIDAL SERVICES

### BRIDAL BLISS

For all Brides who want to be pampered and look radiant on their special day. Start your blissful journey with our Signature Revive Facial followed by a bridal hair styling and make-up tailored to suit your need.

(150 MINUTES – f\$499)

**HAIR STYLING** f\$200

**MAKE-UP** f\$160

**SHAMPOO BLOW WAVE** f\$99

**FLOWER GIRLS HAIR** from f\$95

### ESPECIALLY FOR BRIDE

Personalize your look on your special day and achieve the bridal image you've always dreamed of. Includes bridal up styling, bridal make up, setting of your tiara or veil plus extra personal touches to bring out your inner beauty.

(105 MINUTES – f\$355)

### ADDITIONAL HAIR SERVICES

### HAIR STRAIGHTENING

Straightening Iron f\$40

## ENHANCEMENT

Enjoy your Bridal services in the comfort of your own room. (Surcharge f\$55 per person)

## HENS PARTY PACKAGES

Book a heavenly girls day out at the day spa packed with facials, massage, body treatments, manicures, pedicures, sparkling wine and even sparklier conversation. Book in advance to avoid disappointment.

(Minimum of 4 and maximum of 15 people)

### HENS PARTY ONE

Commence your hen's party escape with a body polish followed by file and polish with a choice on fingers or toes. Package includes a glass of bubbly per person and a choice of 5 canapes per person.

(120 MINUTES f\$233 per person;

60 minutes treatment time)

### HENS PARTY TWO

Release tension and restore wellness with shoulder, neck and back massage followed by file and polish with a choice on fingers or toes. Package includes a class of bubbly per person and a deluxe tropical fruit platter.

(120 MINUTES f\$185 per person;

60 minutes treatment time)

# HANDS & FEET

### ORANGE BLOSSOM MANICURE

Precious and expressive, your hands deserve to be nourished and pampered. This true spa treatment for hands combats all of the signs of ageing. Skin is exfoliated and finishing off with AHA perfecting masque, leaving skin deeply nourished.

(60 MINUTES – f\$135)

### PARADISE PEDICURE

Balance is restored to your feet with a coconut milk cleanse followed by an exfoliation. While your feet are wrapped in a nourishing warm honey wrap, your experience will be enhanced with a body butter leg massage.

(60 MINUTES – f\$150)

### HEAVENLY HANDS & FEET

The ultimate treatment for your hands and feet. A warm paraffin treatment will soothe and soften the skin and your escape is complete.

(120 MINUTES – f\$275)

### ESSENTIAL FINGERS

Reshape the nails, clean up the cuticles and massage moisture into the hands. Finish with a fresh coat of enamel.

(45 MINUTES – f\$100)

### ESSENTIAL TOES

Feet are soaked and gently exfoliated; cuticles perfected and nails shaped, buffed and polished.

(45 MINUTES – f\$117)

# HOW TO RECEIVE FULL BENEFITS OF A HEAVENLY SPA BY WESTIN TREATMENT

## RESERVATIONS

Reservations on day of service and walk-in appointments are always welcome. We encourage our guests to schedule their appointments in advance to ensure preferred treatment or therapist availability. All reservations must be secured with a major credit card and telephone/room number. To make a reservation, please call +679 675 8945, or dial 0 from your room phone and ask for the Heavenly Spa.

## SPA HOURS OF OPERATION

Daily from 8 am - 8.30 pm. First service to begin at 8.15 am and last 60 minutes service will begin at 7.00pm. WestinWORKOUT® is open 24 hours daily and is accessible by guestroom key or complimentary for the day with a spa reservation. Spa hours of operation are subject to change. Our Spa Experience Consultants will assist you with any enquiries you may have at the time of your reservation.

## HEALTH CONCERNS

Please inform our Spa Experience Consultant of any health issues. If you are pregnant or other significant health concerns, this information will help us properly advise you of the best service you can receive.

## CANCELLATION POLICY

We require 6 hours notice for changes, rescheduling or cancellations for our a la carte services and a 24 hour notice for services that are part of the package. The full price of your service(s) will be charged for all late cancellations, rescheduling or no shows. Please keep in mind that arriving late for a spa service may require us to shorten the length of the treatment with full charges applied, so as to not inconvenience other guests.

## SERVICE CHARGE AND GRATUITIES

All prices are exclusive of 25% Tax, and are subject to change without notification. No other fee or charge is a tip, gratuity or service charge for any employee. Additional gratuities may be given at your discretion for exceptional service.

## THE WESTIN DENARAU ISLAND RESORT & SPA, FIJI

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## TAKE TIME

Give yourself plenty of time to enjoy the steam or whirlpool prior to your services. This will relax and warm the muscles, aiding in the therapeutic benefits of all treatments and services. We suggest arriving 30-45 minutes prior to your first service. Respect yourself and others by turning off communication devices prior to entering the spa, locker rooms and treatment areas. All personal belongings should be locked in your hotel room safe as the spa will not take responsibility for misplaced or lost items.

## COMMUNICATION

Prior to the start of your service, tell your therapist the areas you would like to focus on, and any areas to be avoided. During your service, let the therapist know if you feel any discomfort. Communication is the key to getting the full benefit from your Heavenly Spa by Westin experience.

## GIFT CERTIFICATES

Give the gift of priceless serenity and stress relief to someone you care about – this is a delightful way to introduce someone to the benefits of spa services. The Heavenly Spa by Westin gift certificates are perfect for any occasion and are available in f\$10.00 increments.

## AGE REQUIREMENTS

Guests of the Heavenly Spa must be at least 16 years of age for the use of the locker rooms, fitness facilities and spa treatments. A parent or guardian will need to be present when minors between 16-18 receive services or use the amenities. Salon treatments are available for guests under 16 with parental supervision.

## PERSONAL VALUABLES

We request that all valuables must be stored in your guestroom prior to arrival at the Spa. The Westin Denarau Island Resort & Spa and Heavenly Spa by Westin is not responsible for lost, stolen or misplaced items. Our hours of operation and service prices are subject to change without notification.



# Awaken Your Senses

For a better you.™

# BODY TREATMENTS

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## INTENSE NOURISHMENT

The ultimate spa ritual and uncontested favourite, a veritable journey of senses. Sweet and savoury actives from the Mediterranean polish and nourish simultaneously, before immersion in precious milk bath reminiscent of Cleopatra. Indian massage embracing energy points soothed with sacred lotus and incorporating luxurious massage oil pre-empts a sublime wrap inspired by China. Uniquely delivered with Fijian style and a distinctive tea to complete your experience. (90 MINUTES – f\$359)

## AWAKEN RITUAL

After a welcome massage to soothe tension, the therapist performs reflex activity on the feet. This treatment combines Natural Marine Mud and sea salts, which infuse their benefits whilst cocooned in a thermal blanket. The skin is exfoliated to eliminate dead skin cells, alleviates any roughness and invigorates the entire body by activating micro circulation finishing off with a light massage using a conditioning body cream. (90 minutes – f\$339)

## ENERGIZE SCRUB

A relaxing all-over body exfoliation and layering of richly nourishing products, to leave the mind energized and the skin looking radiant and feeling wonderfully smooth. (30 MINUTES – f\$135)

## WRAPTURE

World renowned hot stone body ritual by Thalgo Sea and Senses, smoothes the skin using gentle sea salt and nutrient rich marine algae. The skillful use of 40 volcanic stones combined with unique massage skills and profoundly relaxes and renews the skin. Cool marine stones cascade to awaken and re-energized. (90 MINUTES – f\$299)

## VICHY SHOWER

Reminiscent of being caught in a Fijian rain shower 7 water jets trigger energy points whilst cascading over the entire body. After exfoliation and reparative water massage the body is harmonized with a nourishing cream to leave the skin soft, the muscles relaxed and the body energized. (60 MINUTES – f\$249)

## HYDROTHERAPY

Traditional therapy made contemporary using technically advanced equipment. In preparation your therapist will energize surface skin freeing fresh cells. Gently immersed, skillful sequence of jets programed with air and water alleviate aches, strengthens the immune system, stimulating circulation and lymphatics. To balance and harmonize hydrating cream is massaged into your renewed body. (60 MINUTES f\$255)

## HONEY MELT RITUAL

Designed to hydrate and nourish skin, exotic nuts oils gently exfoliate the body before a moisturizing honey masque is applied and massaged into skin with warm stones. (60 MINUTES – f\$255)

## DILO RENIU'AL / SUN COOLING WRAP

A cooling wrap of dilo oil and aloe vera is gently applied over the whole body with cooling towel to sooth skin and gives comfort by easing away the painful effects of too much sun. (60 MINUTES – f\$185)

## PASSAGE TO FIJI PARADISE

A luxurious bath of hydrating coconut milk followed by full body exfoliation and a body wrap with warm beach stones leaves you in paradise. Treatment concludes with a harmonious massage. (90 MINUTES – f\$325)

## HERBAL BODY DETOX

Start the journey with a dilo and ginger root masque exfoliation rich in antioxidants that lifts impurities, enhances stimulation and circulation. The journey finishes with detox lymph drainage massage to seal the suppleness into your skin. (90 MINUTES – f\$340)

## ANTI-AGING GUAVA NOURISHING WRAP

Treatment commence with a raw cane sugar scrub, body masque application finishing with warm oil scalp massage. Anti-aging botanical blend is enriched with Fiji guava fruit, high in Vitamin C boosting collagen production, leaving the skin with a healthy glow. (75 MINUTES – f\$290)

## WARM SEA SHELL

Experience a unique Fijian ritual of warm seashell massage combined with bliss oil to melt away tension, restore balance and increase positive energy flow bringing your body and mind into harmonious balance. (60 MINUTES – f\$249)

## ORANGE BLOSSOM COUPLES MASSAGE

Retreat into blissful relaxation side by side with the sounds of nature. Together your skin is gently polished to perfection with raw cane sugar scrub before your body is wrapped for enrichment and conclude with a relaxation massage. (90 MINUTES treatment starts with a nourishing outdoor bath – f\$550)

## COUPLES INDULGENCE EXPERIENCE

Enjoy a perfect romantic relaxing massage side by side in the tranquil surrounds of our Vale Levu suites. Complete the indulgence experience in your own private bath with soothing music to take you both away from it all. (75 MINUTES treatments include a 60 minutes massage and 15 minutes outdoor bath – f\$450)

# MASSAGE

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## ❖ HEAVENLY SPA SIGNATURE MASSAGE

A massage tailored to your specific needs. A heated compress invites back muscles to relax and ease before a relaxing massage leaves you physically rested and mentally uplifted. (60 MINUTES – f\$195 or 90 MINUTES –f\$270)

## RENAISSANCE MASSAGE

Massage created to energize, stimulate and inspire using various modalities to reduce tension, soothe sore muscles and increase circulation to promote total relaxation and wellbeing. (60 MINUTES – f\$195 or 90 MINUTES – f\$270)

## FIJI BOBO MASSAGE

This traditional massage, passed down for generations, brings you the touch and scent of Fiji to enhance deep relaxation and rejuvenation. Balance is restored with a healing touch. (60 MINUTES – f\$195 or 90 MINUTES – f\$270)

# PACKAGES

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All packages tailored for either HIM or HER.

## HOPE

Skin is smoothed, muscles released and thoughts uplifted with an Energize scrub followed by Heavenly Spa Signature Massage. (90 MINUTES – f\$295)

## WISH

A head to toe makeover to kick start your relaxation journey. An energize scrub to create silky smooth skin, continued with our Heart of the Ocean facial tailored to suit your skin, finishing with essential fingers and toes. During your relaxation journey, light refreshments including a fruit platter and herbal tea are available. (195 MINUTES – f\$570)

## FOUR HANDS MASSAGE

A truly unique treatment: two therapists employing synchronised massage techniques deliver in 60 minutes an experience normally reserved for those who have the luxury of significantly more time. A deserved indulgence for the sophisticated spa goer. (60 MINUTES – f\$330)

## PEACE MASSAGE

Designed for the active individual, this full body massage uses Swedish technique with deep tissue and direct pressure to release muscle tension and soreness promoting wellness. (60 MINUTES – f\$205 or 90 MINUTES – f\$280)

## ULTIMATE PREGNANCY MASSAGE

Relieve tired muscles with a massage designed especially for mums to be. Massage is performed while you lie on your side with pillows placed for extra comfort, leaving you feeling heavenly relaxed and renewed. (60 MINUTES – f\$195)

## DREAM

Surrender to the healing touch of a 60min massage of your choice, followed by our Heart of the Ocean Facial that will elevate your mood. (135 MINUTES – f\$435)

## ASPIRE

Escape into a head to toe renewal ritual. This escape commences with a 60 minute Heavenly Spa Signature Massage, followed by a 60 minute Heart of the Ocean facial and completes with a 30 minute Signature Hand & Foot treatment. Tensions eased, skin renewed and palate refreshed with fruit platter and bubbles. (180 MINUTES includes a light refreshment fruit platter & a glass of bubbly – f\$605)

# THALGO FACIAL TREATMENTS

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60 MINUTES facials include a hand and arm massage.

75 MINUTES include a hand massage plus choice of scalp or foot massage.

## REVIVE

Deep cleansing facial, enriched mask of pure natural seaweed, remineralises and revitalises the skin. Tailored for your unique skin type this iconic treatment leaves your skin energised, soft and radiant complexion. (60 MINUTES – f\$270)

## SILICIUM SUPER LIFT

Dare to defy time with this super lift facial, designed to combat all the signs of ageing: loss of firmness, pronounced wrinkles. A duo of masks hyaluronic infused collagen to fill wrinkles and a firming mask to lift the contours of the face and neck. (75 MINUTES – f\$290)

## HYALURONIC SMOOTH AND FILL

This smoothing and filling facial designed for more pronounced wrinkles. Targeted strips infused with Hyaluronic Acid Microspheres are applied to wrinkles and areas of concern to plump out lines and reduce their appearance, leaving your complexion glowing and skin younger looking. (75 MINUTES – f\$280)

## COLLAGEN RADIANCE SMOOTH

Correct the signs of ageing as they appear with this facial designed for first wrinkles, with instant anti-ageing results. The Collagen mask smoothes fine lines and has a plumping effect. Your skin will be radiant, its collagen reserves restored. (75 MINUTES – f\$280)

## ENHANCEMENT

Add in the following to customize your face, massage or body ritual even further. Please enquire at the Heavenly Spa Reception

## EYE TOUCH / EYE EXPERT TREATMENT

The eye area is cleansed and massaged using dedicated eye products. The Thalgo Eye Massage device gently massages the eye contour area. An instant rejuvenation of the eye contour area with puffiness and dark circles reduced, lines and wrinkles gently smoothed. (30 MINUTES – f\$135)

## RENEWAL RITUAL

An unforgettable 30 minutes therapeutic scalp and shoulder massage with a moisturizing hair oil treatment. (30 MINUTES - f\$119)

## HEART OF THE OCEAN FACIAL RITUALS

*Your therapist will analyze your skin and choose the ritual best suited to your needs:*

### HYDRA MARINE RITUAL

A moisture boosting delight for all skin types but particularly dehydrated delivers intense and lasting hydration. (Excellent for post flight dehydration) (60 MINUTES – f\$270)

### COLD MARINE RITUAL

A haven of comfort for dry, and an SOS treatment for sensitive skin. Concentrates, rich in algae oil and algae wax are gently infused to counteract the signs of dryness, whilst soothing plant extracts banish irritation and redness, shielding your skin from external aggression. Leaves the skin soft, soothed and restored (60 MINUTES – f\$270)

### PURITY RITUAL

A complete rebalancing treatment for oily/combination skin. Deeply cleansed and thoroughly exfoliated. Purifying concentrates and clay mask lift away impurities. Your skin is left soft, matte and perfectly balanced. (60 MINUTES – f\$270)

### SERENITY FOR MEN OCEAN FACIAL

This high-tech facial for stressed male skin combines energizing marine active ingredients with relaxing massage movements. Deeply cleansed, relaxed and recharged, your skin regains its energy, balance and signs of tiredness are erased. (60 MINUTES – f\$270)