


# Breakfast

Available from 6.30 am to 11.00 am

Fuel your body with delicious superfoods dishes packed with nutrients & energy. Antioxidant rich & naturally low in calories, our tempting selections make healthy meals impossible. Nutrients & energy. Antioxidant rich & naturally low in to resist.


For a better you™.


## SuperFoodsRx™ Breakfast

**SILKENED TOFU** FJD \$21.50  
With blueberry compote & roasted granola 

**HOMEMADE GRANOLA** FJD \$21.50  
With toasted rolled oats, honey, hazelnuts & dried apple 

**APPLE & ORANGE SALAD** FJD \$24.00  
With roasted pumpkin, manuka honey & lemon-yoghurt dressing 

**POACHE EGGS** FJD \$34.00  
Beef pastrami, walnut aioli burger with slow roasted roma tomatoes 

**GAZPACHO OF FRUITS** FJD \$24.00  
With banana, apple, berries soy milk & ginger 

## Breakfast Entrees

**TWO FARM EGGS** FJD \$36.00  
Fried, poached, scramble or boiled served with tomato, breakfast sausage, fried potato, bacon & mushroom

**BERRY PANCAKES** FJD \$ 19.50  
Served with whipped cream & maple syrup

**EGG WHITE OMLETTE** FJD \$32.50  
With avocado

**VEGETARIAN SINGAPORE NOODLES** FJD \$30.00  
Fried rice noodles with julienne vegetables, bok choy, dark soy sauce & fresh coriander

**PUMPKIN & PEA CONGEE** FJD \$33.50  
Brown rice soup with pumpkin, peas, white pepper, young ginger, bonito flakes, croissant croutons, sesame oil, century egg, salted egg, salted fish, pickled vegetables, light soy & spring onions

**THREE EGG OMELET** FJD \$25.00  
With your choice of three filling either ham, tomato, mushroom, cheese or capsicum

**WESTIN CONTINENTAL BUFFET** FJD \$30.00

**WESTIN FULL BUFFET BREAKFAST** FJD \$ 38.00



Indicates a SuperFoodsRx™ dish. SuperFoodsRx powerfully pairs together whole foods to boost nutritional composition and flavors.

## Cereals

**HOMEMADE BIRCHER MUESLI** FJD \$16.50  
With rolled oats, fresh grated apple, sultanas, almonds & yoghurt 

**COLD CEREALS** FJD \$11.50  
Corn Flakes, Rice Bubbles, All Bran, Coco Pops, Special 'K' or Weet Bix or Gluten Free Cereal served with full cream, skimmed or soy milk

**HOT OATMEAL WITH BANANA**  
& brown sugar FJD \$16.50  
served with full cream, skimmed or soy milk

## Breads + Pastries

Served with butter/margarine & fruit preserves

**BAKERS BASKET** FJD \$20.00  
Including two Danish Pastries, fruit muffin, English muffin, croissants & white, multi-grain or wholemeal toast

**TOAST OR MUFFIN** FJD \$6.00  
Three pieces of white, multi grain or wholemeal toast or two fruit muffins served with jams

**CLASSIC FRENCH TOAST** FJD \$18.50  
Thick cut bread dipped in a light egg wash, dusted with cinnamon & sugar

## Side Orders

Crispy bacon, grilled ham, lamb sausages , grilled tomato or mixed salad FJD \$6.00

Hash browns FJD \$4.50

Smoked salmon FJD \$22.00

## Kids Breakfast

**COLD CEREALS** FJD \$11.50  
Corn Flakes, Rice Bubbles, All Bran, Coco Pops, Special 'K', Weet Bix or Gluten Free Cereal served with full cream, skimmed or soy milk

**MIXBERRY PANCAKES** FJD \$19.50  
Served with whipped cream & maple syrup

**TWO FRESH FARM EGGS** FJD \$13.25  
Fried, poached, scramble or boiled served with tomato, breakfast sausage, fried potato, bacon & mushroom

**YOPLAIT FRUIT YOGHURT** FJD \$11.00  
Served with poached berries & toasted almonds

**FRESH FRUIT SALAD** FJD \$12.50

**VEGETARIAN SINGAPORE NOODLES** FJD \$15.00  
Fried rice noodles with julienne vegetables, bok choy, dark soy sauce & fresh coriander

## Fruits, Juices + Yogurts

**MIXED BERRY SMOOTHIE** FJD \$14.50  
With honey, banana & low fat yoghurt 

**FRESHLY SQUEEZED JUICES** FJD \$12.50  
Orange, watermelon or pineapple juice

**CHILLED JUICES** FJD \$6.00  
Pineapple, apple, tomato, cranberry, orange or pineapple juice

**SLICED FRESH PAWPAW** FJD \$15.00  
Served with sliced lemon

**SEASONAL FRUITS** FJD \$20.00  
Including Fijian sun ripened pineapple & pawpaw

**FRESH FRUIT SALAD** FJD \$20.00

**NATURAL YOGHURT** FJD \$14.00  
With toasted muesli & berry compote drizzled with Fijian honey

**LOW FAT NATURAL YOGHURT** FJD \$14.00  
with Berri compote & toasted almonds

**YOPLAIT FRUIT YOGHURT** FJD \$14.50  
Served with poached berries & toasted almonds

## Westin Fresh by The Juicery

Westin Fresh by The Juicery offers a menu of nourishing, revitalizing juices & smoothies curated by the experts at The Juicery.

Beetroot, carrot, spinach, apple, lemon FJD \$13.50 & ginger

Celery, cucumber, lime & coconut water FJD \$13.50

Pineapple, cucumber & mint FJD \$13.50

Carrot, orange, ginger, mango & mint FJD \$13.50

Kale, spinach, banana, mango & cinnamon FJD \$13.50

## Coffee + Tea

**FIJI COFFEE**  
Regular or decaffeinated

**REGULAR BREWED POT** (3 cups) FJD \$5.00

**ESPRESSO** FJD \$5.00

**CAPPUCCINO** FJD \$5.00

**CAFFE LATTE** FJD \$5.00

**DILMAH TEA** FJD \$5.00  
English Breakfast, Earl Grey, Green Tea, Peppermint, Decaffeinated or Chamomile

served with full cream, skimmed or soy milk